

# INTEGRAL UNIVERSITY, LUCKNOW

## DEPARTMENT OF PHYSIOTHERAPY

### GUEST LECTURE REPORT



**Speaker**

*(Dr. Himanshu Mathur, PT)*

A Guest Lecture on the topic “Unveiling Low Back Pain-Differential Diagnosis, Manual Therapy with discussion of evidences” was conducted by the department of Physiotherapy, Integral University, Lucknow on 10<sup>th</sup> September 2020 on the occasion of World Physiotherapy Week.

Dr. Himanshu Mathur (PT), Asst. Professor, Department of Physiotherapy, Jaipur National University, Chief Physiotherapist & Director, Jaipur Rehab. was the invited resource person.

**INTEGRAL UNIVERSITY**  
LUCKNOW (INDIA)

**INSPIRING EXCELLENCE**

**DEPARTMENT OF PHYSIOTHERAPY**

PRESENTS

**WEBINAR**

ON

**UNVEILING LOW BACK PAIN  
DIFFERENTIAL DIAGNOSIS  
MANUAL THERAPY WITH DISCUSSION OF EVIDENCES**

ON THE OCCASION OF

**WORLD PHYSIOTHERAPY DAY**  
08<sup>th</sup> SEPTEMBER 2020

Thursday, September 10th, 2020

He explained the importance of assessment for better diagnosis in Low Back Pain. He also focused on the proper positioning and correct alignment of the body. He elaborated the differential diagnosis and manual therapy techniques used in the conditions related to low back pain.

This guest lecture was conducted at the Youtube Channel of Integral University. (Link: <https://youtu.be/Lh2ZFadegP4>) which is still available. The total people registered were 150 approx.

The students from Bachelor of Physiotherapy (BPT), Interns and Master of Physiotherapy (MPT) and many others attended the online guest lecture. Dr. Ashfaque Khan (PT), HoD department of physiotherapy expressed his gratitude to the speaker.



**(Dr. Ashfaque Khan, PT)**  
Head, Physiotherapy

Dated: 10/09/2020